



Lesson A1-20 | True Beginner | CEFR A1

Adverbs of Frequency

Use the words in the Grammar Challenge to complete the gaps.

Conversation 1

Man: What do you do on the weekend?
Woman: I _____ stay home, but _____ I go out.
Man: Oh? Where do you go?
Woman: Sometimes I go to the beach. Sometimes I go to the park.
Man: I _____ go there too. Do you ever go to the lake?
Woman: No, very _____. It is too far from my house.

Conversation 2

Man: What do you usually have for dinner?
Woman: I try to eat healthy, so I _____ cook vegetables.
Man: Really? What kind of stuff do you make?
Woman: _____ I make soups. Sometimes I make stir-fry.
Man: Stir-fry? That's not _____ healthy.
Woman: I know, but I don't eat it that _____.

Conversation 3

Woman: Do you take the bus to work?
Man: No, I _____ take the bus. I _____ drive.
Woman: Yeah, it's so much easier to drive.
Man: Do you drive to work?
Woman: Actually, I _____ drive. I _____ walk to work. I live near the office.
Man: Lucky you!

Conversation 4

Man: Do you ever go to the movies?
Woman: I _____ do. It is too expensive. Do you?
Man: No, not _____. I _____ rent DVDs.
Woman: Really? I _____ do that. I usually stream movies.
Man: Nice. Do you have fast Internet?
Woman: Yeah, usually it is fast, but sometimes it's slow.

Quiz

- 1) Where does she say about the lake?
 - a) She goes there often.
 - b) She rarely goes there.
- 2) What does she often have for dinner?
 - a) Vegetables
 - b) Stir-fry
- 3) How does he get to work?
 - a) He always drives.
 - b) He sometimes takes the bus.
- 4) How does she watch movies?
 - a) She rents DVDs.
 - b) She streams movies.

Grammar Challenge

Use the words below to complete each conversation.

Con #1	Con #2	Con #3	Con #4
sometimes	Sometimes	never	rarely
rarely	often	usually	usually
usually	usually	always	never
often	very	rarely	often

Speaking Challenge

Match the answers with the questions.

- 1) How often do you eat out?
- 2) How often do you go to the movies?
- 3) Do you usually bring a lunch to work?
- 4) Do you usually eat breakfast?
- 5) How often do you take the bus?

- _____
- [_] Never. I always drive.
 - [_] Not often. I like to cook at home.
 - [_] No, I always buy something at the store.
 - [_] Never. I always watch them online.
 - [_] Yes, I usually have cereal.

What about you? Share your answers to the questions.

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Adverbs of Frequency

Use the words in the Grammar Challenge to complete the gaps.

Conversation 1

Man: What do you do on the weekend?
Woman: I **usually** stay home, but **sometimes** I go out.
Man: Oh? Where do you go?
Woman: Sometimes I go to the beach. Sometimes I go to the park.
Man: I **often** go there too. Do you ever go to the lake?
Woman: No, very **rarely**. It is too far from my house.

Conversation 2

Man: What do you usually have for dinner?
Woman: I try to eat healthy, so I **usually** cook vegetables.
Man: Really? What kind of stuff do you make?
Woman: **Sometimes** I make soups. Sometimes I make stir-fry.
Man: Stir-fry? That's not **very** healthy.
Woman: I know, but I don't eat it that **often**.

Conversation 3

Woman: Do you take the bus to work?
Man: No, I **never** take the bus. I **always** drive.
Woman: Yeah, it's so much easier to drive.
Man: Do you drive to work?
Woman: Actually, I **rarely** drive. I **usually** walk to work. I live near the office.
Man: Lucky you!

Conversation 4

Man: Do you ever go to the movies?
Woman: I **rarely** do. It is too expensive. Do you?
Man: No, not **often**. I **usually** rent DVDs.
Woman: Really? I **never** do that. I usually stream movies.
Man: Nice. Do you have fast Internet?
Woman: Yeah, usually it is fast, but sometimes it's slow.

Quiz

- 1) Where does she say about the lake? ✓
 a) She goes there often.
 b) **She rarely goes there.**
- 2) What does she often have for dinner? ✓
 a) **Vegetables**
 b) Stir-fry
- 3) How does he get to work? ✓
 a) **He always drives.**
 b) He sometimes takes the bus.
- 4) How does she watch movies? ✓
 a) She rents DVDs.
 b) **She streams movies.**

Grammar Challenge

Use the words below to complete each conversation.

Con #1	Con #2	Con #3	Con #4
sometimes	Sometimes	never	rarely
rarely	often	usually	usually
usually	usually	always	never
often	very	rarely	often

Speaking Challenge

Match the answers with the questions.

- 1) How often do you eat out?
- 2) How often do you go to the movies?
- 3) Do you usually bring a lunch to work?
- 4) Do you usually eat breakfast?
- 5) How often do you take the bus?

- [5] Never. I always drive.
- [1] Not often. I like to cook at home.
- [3] No, I always buy something at the store.
- [2] Never. I always watch them online.
- [4] Yes, I usually have cereal.

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